

Teamwork Therapies



NEW YEAR, SAME CHEER


Happy New Year! December was such a fun and memorable time. Check out some pictures of the crafts and decor we made with some of the kiddos during the month of December:



CELEBRATING OUR STAFF

Last month, both our clinics got together to celebrate the holidays and the end of the year. We are so thankful for all of our clinicians and staff members who put the TEAM in Teamwork Therapies!



 [TeamworkTherapies.com](https://www.TeamworkTherapies.com)

 [@TeamworkTherapies](https://www.instagram.com/TeamworkTherapies)

THIS MONTH AT TEAMWORK THERAPIES

This month we celebrate the birthday of our Office Manager! Happy birthday to our very own Pearl Tang (1/30).

CANCELLATION POLICY

Insurance and Private pay families are subject to a **\$50 cancellation fee** for missed appointments without at least 24-hour notice.

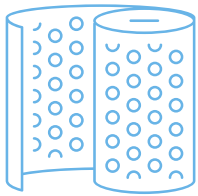
Make up sessions: our front desk may call you with less than 24-hour notice as therapists may not know their availability for make up until the day of. **Make up sessions cannot be guaranteed, however we will try our best to accommodate with any available therapist.**

Please note: Your child's therapist has time reserved to serve your child only during his/her appointment time. We do not have childcare service available, so children who are regularly picked up late will lose priority for scheduling. Similarly, we cannot start earlier than your designated appointment time.

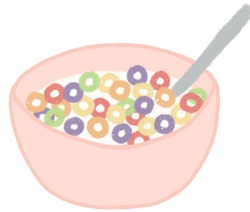
OCCUPATIONAL THERAPY TIPS: 4 HOUSEHOLD ITEMS TO HELP DEVELOP PINCER GRASP

The pincer grasp is a grasp pattern in which an item is held between the tips of the thumb and pointer finger. This grasp is typically developed by the end of the child's first year. It plays a vital role in achieving milestones in self-feeding and dressing.

Here are four common household items to promote the pincer grasps at home:



Bubble Wrap



Cereal



Clothes Pins



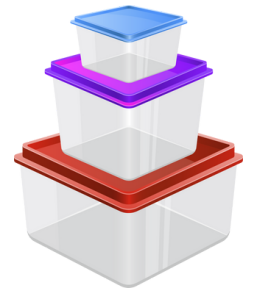
Cotton Balls

SPEECH THERAPY TIPS: CREATING OPPORTUNITIES FOR LANGUAGE

One of our favorite language strategies to implement in our clinics is creating communication temptation. This means, we manipulate small parts of the environment to encourage children to vocalize or verbalize a request or comment.

One way to do this is by using containers and bags to create opportunities to ask for "open" or "help". This is also a great opportunity to up-cycle things we may already have laying around.

The strategy: Place toys or highly preferred items in a see through container where your child has access. If your child is struggling to open the container, is grunting or whining--they are communicating their needs. We can model "help" or "open" for them and then assist them with accessing the item.



ILLNESS PREVENTION POLICY

Cold and flu season is well underway. In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing any of the following symptoms. If so, please cancel or arrange a teletherapy session for that week:

- Fever, chills, cough, difficulty breathing, body aches, headaches, loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, diarrhea, respiratory difficulties, or sudden rash

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy, in order to cancel your therapy session, reschedule or arrange a teletherapy session instead.

We thank you for your continued support in keeping our staff and families safe!