

## Teamwork Therapies



### A MARCHING WE WILL GO

As the year marches along, so do we! Keep reading to find out what's happening this month at Teamwork Therapies!

Did you know Teamwork Therapies has a blog? That's right, we upload new resources and activities throughout the month right on our website. So if you're looking for ways to support your child's learning and skills at home check out our website at [www.TeamworkTherapies.com](http://www.TeamworkTherapies.com) under "Resources".

### SONGS WE ARE LOVING THIS MONTH:

Songs are a great way to teach new vocabulary and movements in a fun and predictable way! Here are some songs our therapists have been loving!

Twinkle Twinkle Little Star  
The Farmer in the Dell  
Row Row Row your Boat  
Head Shoulders Knees and Toes  
5 Little Monkeys

**Therapist Tip:** Interchange the words of these songs with whatever you are doing to introduce new vocabulary. For example, if you're in the kitchen cooking you can sing, "Tomato in the bowl, Tomato in the bowl, hi-ho the derry-o, the tomato in the bowl" in the tune to the farmer in the dell. You can incorporate new words, prepositions and movements as you go!



### THIS MONTH AT TEAMWORK THERAPIES

#### CANCELLATION POLICY

Insurance and Private pay families are subject to a **\$50 cancellation fee** for missed appointments without at least 24-hour notice.

**Make up sessions:** our front desk may call you with less than 24 hour notice as therapists may not know their availability for make up until the day of. **Make up sessions cannot be guaranteed, however we will try our best to accommodate with any available therapist.**

**Please note:** Your child's therapist has time reserved to serve your child only during his/her appointment time. We do not have childcare service available, so children who are regularly picked up late will lose priority for scheduling. Similarly, we cannot start earlier than your designated appointment time.

 [TeamworkTherapies.com](http://TeamworkTherapies.com)

 [@TeamworkTherapies](https://www.instagram.com/TeamworkTherapies)

## OCCUPATIONAL THERAPY TIPS: ANIMAL RESCUE PUZZLE

Oh no! The animals are caged in! Help them get unstuck! Here is a fun way to change up a simple puzzle activity to target finger strengthening and dexterity.

Using rubber bands, tape or aluminum foil, wrap your puzzle pieces and encourage your child to help save the animals!



## SPEECH THERAPY TIPS: THE COPY AND ADD STRATEGY

The copy and add is just what the name suggests: we want to copy what our child says and add one new word to their utterance.

For example, if your child says "car" we can copy and add, by saying back, "blue car!" or add in some play sounds, "vroom car vroom!"

This strategy is great for acknowledging the child's verbal expression and modeling expanded sentences. It is also great for modeling new vocabulary words such as color, size, shape and simple play sounds!



## ILLNESS PREVENTION POLICY

Cold and flu season is well underway. In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing any of the following symptoms. If so, please cancel or arrange a teletherapy session for that week:

- Fever, chills, cough, difficulty breathing, body aches, headaches, loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, diarrhea, respiratory difficulties, or sudden rash

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy, in order to cancel your therapy session, reschedule or arrange a teletherapy session instead.

**We thank you for your continued support in keeping our staff and families safe!**