

## Teamwork Therapies



### SPRING INTO ACTION

Spring is here and we are full of cheer! This month our clinicians are bringing back fun games and activities for kiddos to embrace the season! Keep reading to find activities you can try at home this month.

### EGG HUNTS: INCORPORATING BOTH ST AND OT GOALS

A staple of Spring time is a good old fashion easter egg hunt. Whether you are doing one inside, outdoors, with eggs or with toys, there are plenty of ways to incorporate some ST and OT targets into the fun.

#### ST Targets:

1. Following Directions- Create a list of items for your kiddo to hunt for
2. Using Action words- Try a different action or animal walk while finding your eggs
3. Describe what you find- Using a visual aid, have your kiddo talk about what they found describing color, shape and size. You can even talk about categories and object function!

#### OT Targets:

1. Scanning- Have your kiddo look left, right, up and down to find the eggs
2. Bilateral coordination- Have them reach across their body for their new found eggs
3. Visual discrimination- Give your child the challenge of finding specific colors or types of eggs amongst the bunch



### THIS MONTH AT TEAMWORK THERAPIES

#### NEW CANCELLATION POLICY

Starting April 1st, Insurance and Private pay families are subject to a **\$50 cancellation fee** for any missed appointment unless a make up session is scheduled.

Make up sessions can be direct or virtual session. Make up sessions may also be conducted with any available clinician.

All families will be allotted 2 waived cancellation fees every 6 months if notice for cancellation is within 24 hours.

With consistent participation kids get familiar with routine, they have more positive experience and it helps children perform better.

We appreciate your ongoing support!

 [TeamworkTherapies.com](https://www.TeamworkTherapies.com)

 [@TeamworkTherapies](https://www.instagram.com/TeamworkTherapies)

## APRIL IS OCCUPATIONAL THERAPY MONTH!

This month is National Occupational Therapy Month! We celebrate all the hard work, dedication and innovation of occupational therapists.

Occupational therapists and occupational therapy assistants work with people of all ages to participate fully in everyday activities based on client's and family's specific needs.

We are so grateful for our own amazing team of OTs here at Teamwork therapies!

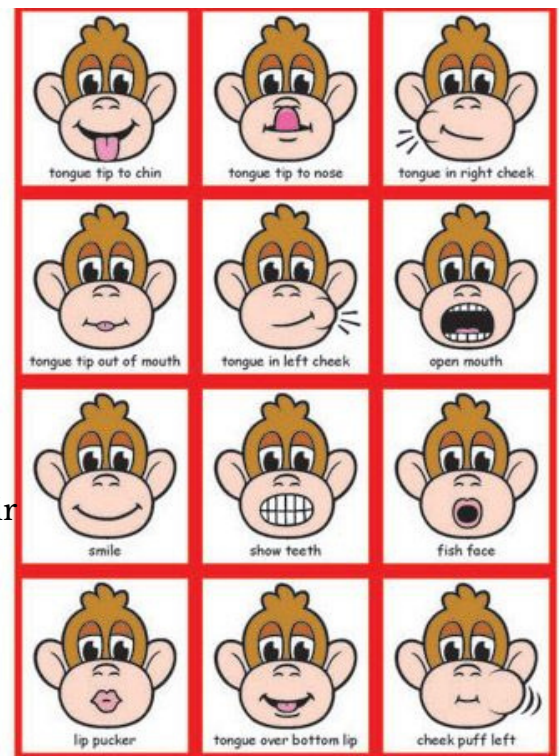
To learn more about Occupational Therapy and how it may benefit your child visit The American Occupational Therapy Association at [AOTA.org](http://AOTA.org).

### OCCUPATIONAL THERAPY TIPS: SILLY FACE ACTIVITY

Strike a pose! These are fun and silly facial poses that you can have your child copy to challenge their oral motor and motor planning skills.

The poses involving movement of the tongue are especially helpful if your child is having trouble pushing food to the back of their mouth!

Have your child complete the activity in front of a mirror so they can see what the poses look like on their face.



### ILLNESS PREVENTION POLICY

Cold and flu season is well underway. In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing any of the following symptoms. If so, please cancel or arrange a teletherapy session for that week:

- Fever, chills, cough, difficulty breathing, body aches, headaches, loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, diarrhea, respiratory difficulties, or sudden rash

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy, in order to cancel your therapy session, reschedule or arrange a teletherapy session instead.

**We thank you for your continued support in keeping our staff and families safe!**