

# LANGUAGE DURING BATHTIME



Teamwork Therapies  
Building better lives together



Another everyday routine we can include children in is their bath time routine. From participating to get the bath ready to playing in the bath, there are many ways we can incorporate your child's language targets into this fun nighttime routine!

**Give your child a role!** Have your child play a part in preparing their bath. You can use backward chaining to help your child learn the routine by having them complete the last step of a routine. This can help work on following directions in a familiar routine!

**Repeat and exaggerate actions!** Playing in water is already such a fun activity. Talk about what your child is doing-- "scrub scrub scrub", "splash splash splash" "wash wash wash", and "pop pop pop!"

**Washing Toys!** Have your child give their own toys a bath! This is another fun way to incorporate following directions and learning a routine.

**Talk about what each item is for!** We can work on item function by describing what each item is used for. I.e. "Soap for washing" and "towel for drying".



 (925)399-5796

 311 Ray Street Pleasanton, CA

 [TeamworkTherapies.com](http://TeamworkTherapies.com)