

LANGUAGE WHILE GARDENING



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Gardening is a great life skill and activity that you can teach and do with your kiddo! It is also a valuable time to incorporate language skills. Check out these three tips to use next time you and your family are taking care of your plants:

Introduce new actions! Exaggerate and emphasize the actions that you are doing. "Watering, digging, planting, pouring and patting", are all new action words that can be utilized in their day to day play.

Build a routine! Children learn best in play and in routines. Start incorporating watering your plants or gardens in your daily or weekly routine and give your child a role. Whether that's grabbing the watering can or pouring the water, let them be involved!



Embrace pretend play! It's always fun to imitate parent's action. You may find your little one mimicking some of the chores or tasks you do. Encourage your child to plant some of their toys or snacks during mealtime.



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