

November

FALL OF FUN

The leaves are falling, but the fun doesn't stop! Our team of clinicians are always working to incorporate all the fun for the season. Continue reading for fun new activities from our ST and OT clinicians.

With many families going on vacation for the the holidays, please be sure to let your therapist or our front desk know of any plans so we can work with you to schedule make up sessions.

PREPARING FOR THE HOLIDAYS: SENSORY TIPS

The holidays are a bustling time and can become overwhelming for kiddos. Here are two tips to help your child get ready for the holiday season!

- **Help them anticipate:** Show pictures or videos of your last holiday season so they know what will happen
- **Have options available:** Create a sensory corner or kit to allow your child to have options if they become overwhelmed.



THIS MONTH AT TEAMWORK THERAPIES

This month, we celebrate the birthdays of 4 of our staff members.

Happy Birthday to our very own Anyea Ivers (11/03), Briana Holland (11/03), Annica Asilo (11/08) and Natalie Hall (11/19)!

Happy Diwali to all those who celebrate! We wish you a fun and festive Diwali filled with light!

In observance of Thanksgiving, our offices are closed on Thursday, November 23 and Friday, November 24th. Happy Thanksgiving!

HOLIDAY PLANS?

Let your therapist know if you have any upcoming vacation plans. Your therapist and our scheduling team can work with you to schedule make up sessions.

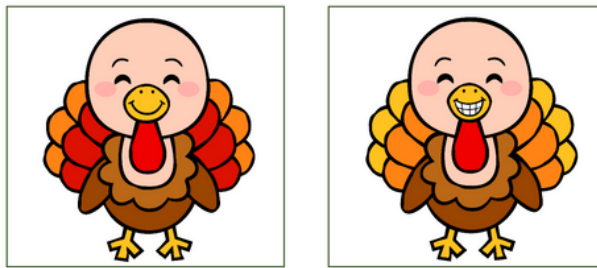
🌐 [TeamworkTherapies.com](https://www.TeamworkTherapies.com)

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OCCUPATIONAL THERAPY ACTIVITY: TURKEY EMOTIONS

A fun way to talk about emotions and feelings is to use fun and friendly animals!

Ask your OT to share this fun Turkey Emotions matching game with you by Education with Imagination!



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SPEECH THERAPY ACTIVITY: PAINTING FALL LEAVES

Sprucing up your holiday decor? Have your kids join in on the fun and paint some leaves or pumpkins. There are plenty of ways to target some language skills such as following directions, describing and sequencing steps of painting a pumpkin.

for younger kiddos, try practicing some of those exclamatory sounds; “Woah!”, as you mix paint colors together, “Uh oh” and “oh no!” if you spill some paint. “Plop” and “squeeze” as you add more paint to your palette! Just remember to model without pressure and have fun!



ILLNESS PREVENTION POLICY

In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing any of the following symptoms. If so, please cancel or arrange a teletherapy session for that week:

- Fever, chills, cough, difficulty breathing, body aches, headaches, loss of taste or smell, sore throat, congestion, runny nose, nausea, vomiting, diarrhea, respiratory difficulties, or sudden rash

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy, in order to cancel your therapy session, reschedule or arrange a teletherapy session instead.

We thank you for your continued support in keeping our staff and families safe!