

Teamwork Therapies NEWSLETTER

February 2024

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This Month



Our offices are closed on Monday, February 19th for President's Day.



This month we welcome 2 new team members: Natalie Lavorico, front desk in Stockton and Anjali Manu CF-SLP.

WE LOVE FEBRUARY!

February is a time for celebrating friendship and cheer to those we care about! It's also a great time for crafts and themed therapy activities! This February our therapists are spreading the love with valentines day themed activities! Continue reading to learn about ST/OT activities and learning more about the benefits of co-treat sessions.

WHAT ARE CO-TREAT SESSIONS?

Here at Teamwork Therapies you may have heard the term "co-treat." A co-treat is when we combine therapies into one session with your child. Part of what makes Teamwork Therapies so beneficial is well... The teamwork!

Co-Treat sessions can increase the engagement of our clients, and can allow them to generalize their learned skills to different situations. Through collaboration, multiple needs can get met while increasing their capacity to absorb new information. If you are interested in learning more about co-treats and if they could benefit your child, reach out to your therapist to discuss further.

CLINIC HIGHLIGHTS FROM THE HOLIDAYS



ACTIVITY OF THE MONTH: VALENTINES SENSORY BINS

Sensory bins are loved by both OTs, STs and EIS therapists alike! They're versatile and allow for plenty of skills to be targeted.

Here are some of our favorite fix ins for a valentines day themed bin:

- 1.Orbeez or pom poms
- 2.Animal erasers
- 3.Squishy toys
- 4.Beads
- 5.Cups and containers

We recommend your child be supervised at all times when playing with sensory bins.



OT TARGETS:

Sensory bins are great for practicing scooping and sorting. You can also break out a pair of tongs to practice squeezing and pinching!

They are also great for sensory seeking and regulation!

ST TARGETS:

For speech and language, you can work with your child to label the items they scoop out. You can also add complexity by creating complex directions, such as, "scoop the red ball and place it in the blue cup".

ILLNESS PREVENTION POLICY

In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment.

