

Teamwork Therapies NEWSLETTER

May 2024

Issue No.32



Stay up to date throughout the month and follow our blog and on our social media accounts!

Follow us at:

TeamworkTherapies.com
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A SUNSHINEY MAY!

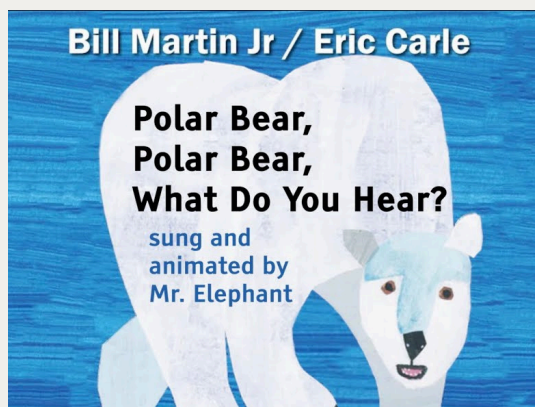
The sun is coming out and we're excited to be out and about! The great outdoors is a great place to target language, fine motor, and gross motor skills. Next time you and your kiddo go outdoors see all the fun ways you can incorporate their language or OT goals!

BOOKS AND SONGS OF THE MONTH

This month our preschool will be utilizing Bill Martin Jr. & Eric Carle's Polar Bear, Polar Bear What Do you Hear as the book of the month. This is a great book for early development and understanding of animals, animal sounds, imitating actions and sounds.

Here is also our list of songs for the month of May:

5 Little Ducks
Wheels on the bus
Itsy Bitsy Spider
How do we say Hello
One Little Finger
See it, Sign it, Say It
ABC Phonics



This Month



This month we celebrate 4 birthdays! Happy Birthday to our very own Rakesh B. (5/8) Shari L. (5/9), Jocelyn D.(5/19) and Celeste H. (5/25).

Reminders:

Our clinics and preschool are closed on May 27th in honor of Memorial Day.



BUDDING LEARNERS CORNER

Our very own community-based early intervention preschool is still enrolling! To find out if your child qualifies talk with your regional center case manager. To learn more about our program and curriculum please contact us at: 925-399-2702.

Here is a glimpse into our daily schedule:

9:00 am -9:30 Good Morning Free play
9:30 am -Diapers / 1:1 Play and learn.
9:45 am -Wash Hands
10:00 am -Snack
10:15 am -Circle Time
11:00 am- Speech (Wed), OT (Thurs)
11:50-Diaper check/Potty time
12:00-12:30 Music free play
12:30 Goodbye

OT TIPS: TOILETING TIPS PT. 2

The summer is a great time to start working on toileting as kiddos prepare to enter preschool in the fall. Here are some more tips from our OTs for starting toilet training with your kiddo:

- Try having a sturdy step stool or squatty potty under your child's feet to help them feel stable and ensure optimal angle for bowl movement
- Ensure your child is leaning slightly forward on the toilet to ensure they are using muscles that help push bowel movements
- Make the bathroom an inviting space- reduce noise, lights and strong odors and play preferred songs during potty time



ST TIPS: UNDERSTANDING JARGON

Jargon is a string of babbles, sounds, and/or words with conversational intonation. It often sounds like a child is trying to communicate in sentences, but you cannot make out what they mean. Using jargon is an important step in a child's language development. It is often a sign that a child is trying to make the jump from single words to connected speech. Here are some tips to responding to your child's jargon:

- Always respond! Even acknowledging "oh yeah? I hear you!" is powerful
- Try recasting what you think they're saying
- Ask more questions! See if your child will try to elaborate and use more jargon!



ILLNESS PREVENTION POLICY

In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment.

