

Teamwork Therapies NEWSLETTER

June 2024

Issue No.33



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TeamworkTherapies.com
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SUMMERS HERE!

Weather is warm, school is out and summer has officially begun! With warmer weather, our therapists may utilize more water play and/or time outdoors to soak in the fresh air! If you and your family have any summer plans, be sure to notify your therapist as soon as possible to schedule make up sessions!

BOOKS OF THE MONTH

This month our preschool will be utilizing Ed Emberly's Go Away Big Green Monster as the book of the month. This is a great book for early development and understanding of body parts, colors and play sounds!

Don't have the book? Check out this read along version on youtube:
<https://youtube.com/watch?v=LuHshs0hhcM>



This Month

This month we celebrate 1 birthday! Happy Birthday to our very own Leila P. (6/15).



Reminders:

Please inform your therapist about any summer plans!



BUDDING LEARNERS CORNER

Starting this month, parents will be able to sign up for a 15 minute meeting on **Friday's with Miss Michelle!** During this time, parents will be able to join their child for circle time reading and stay after class to ask questions and learn strategies to help their child's development.

OT TIPS: THREE T'S FOR SPITTING OUT TOOTHPASTE

T for Toothpaste: Use only a pea-sized scoop of toothpaste. Too much can be overwhelming and difficult to spit out.

T for Target: Place a sticker or marker in the sink to have your child aim at when spitting!

T for Two: When spitting, encourage your child to say "TWO!"--this will naturally encourage the rounding of his lips and placing their tongue in the right spot to spit the toothpaste

Taken from Solve Picky Eating at MelaniePotock.com



Budding Learners Parent Reminders:

- Please be mindful when packing your child's snacks as we are a nut free facility. Please do not pack any peanut or nut butters or any snacks containing nuts.
- Be sure to label all of your child's belongings including backpack, water bottles, etc.



ST TIPS: REDUCING QUESTIONS BY USING STATEMENTS

Questions can be overwhelming. A strategy speech therapist often use is to reduce the communicative pressure by presenting choices in the form of statements instead. Here are some examples:

Instead of: "Do you want to play with blocks?"

Try: "Let's play with blocks!"

If your child shows no interest in the blocks, model language to show that and provide another option.

"Nevermind, I don't want blocks. Let's try..."

ILLNESS PREVENTION POLICY

In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment.

