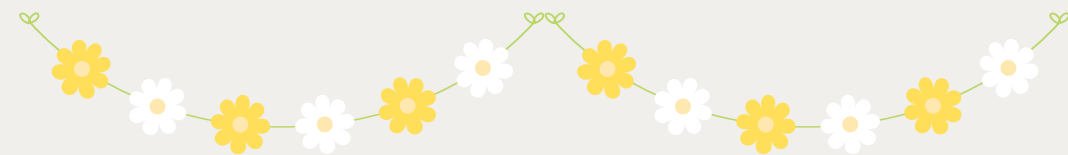


Teamwork Therapies  
**NEWSLETTER**

March 2025

Issue No.42



**Spring is peeking around the corner, bringing plenty of fun opportunities for our little ones to grow and shine!**

**At Teamwork Therapies, we're ready to leap into March with engaging activities designed for your child. From blowing bubbles to encourage social engagement, to hopping like bunnies to boost coordination- March is all about growth through play.**

**Here's to a month full of progress, fun and fresh beginnings!**

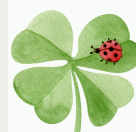
***Reminders:***

**Keep your eye out for upcoming 1:1 yoga classes for our kiddos at the Pleasanton clinic!**



**Stay up to date throughout the month and follow our blog and on our social media accounts!**

**Follow us at:  
TeamworkTherapies.com  
& @TeamworkTherapies**





# BUDDING LEARNERS CORNER



Community Helpers: Photos from February

## MARCH IS NATIONAL LITERACY MONTH!!!

Buddling Learners will be celebrating by reading Eric Carle's classics- "Brown Bear, Brown Bear, What Do You See?" and "The Very Hungry Caterpillar!"

We will also read "Pete the Cat (I Love My New Shoes and My Four Groovy Buttons)", as well as fairytales like "The Three Little Pigs" and "Old Macdonald Had a Farm."

## OT ACTIVITY: GARDEN HUNT

### Materials: Paper Flowers

Cut out 5-10 flowers for your child and have them work on those fine motor skills by decorating the petals with markers!

Hide the flowers around your chosen space (kitchen, bedroom, outdoors), and place them at different heights to encourage movements like bending, reaching or crawling.

Explain to your child you'll be going on a "Flower Garden Hunt" to find all the hidden flowers.

Celebrate their success with a big cheer or silly dance! Have fun!



## ST ACTIVITY: BABY ANIMAL SOUNDS

### Materials: Toy animals and a basket

Place the animals in a basket (spring nest) and set it in a cozy spot!

Pull out 1 animal at a time and show it to your child. Say its name slowly and clearly (duck), and make its sound (quackquack).

Keep your voice playful and exaggerated to grab their attention!

Cheer for any attempt your child makes at communication like a babble or even a smile. Repeat each sound and pause to let them try!

Wrap up by singing a spring tune such as, "Old Macdonald Had a Farm."

## ILLNESS PREVENTION POLICY

In order to keep our clinicians, teachers and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

## THERAPY TIP OF THE MONTH:

Combine speech and fine motor fun by creating opportunities for growth using blocks! As they pinch, stack and grab, describe the colors, count pieces or use silly phrases (block, go up!)

