

Teamwork Therapies

NEWSLETTER

July 2025

Issue No.46

JULY



July brings new opportunities to explore, build skills, and make joyful summer memories, both in and out of the therapy room!



As the 4th of July approaches, we know the loud sounds and bright lights can sometimes be overwhelming for sensitive kids. Look below for simple tips to help make the holiday feel safe and enjoyable for every child!

Reminders:
Our offices will be closed July 4th, Friday.

HAPPY BIRTHDAY:

Brandon Lew 7/17

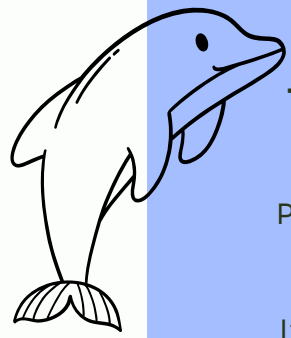
Lexi Meyer 7/25

Kristal Mejia 7/6



Sign up for 1:1
yoga sessions
every Friday
9-2pm here at
Teamwork
Therapies!





BUDDING LEARNERS CORNER

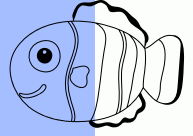
This month our themes will dive into summer fun with 4th of July, Beach Days & Ocean Animals!

Schedule Update:

Please note that Budding Learners will not be in session during the mornings from July 14-18. Children from the AM class are welcome to join the PM session from 2:00-5:30 PM instead.

If your child will be attending the afternoon class, kindly email Ms. Theresa at theresa.jee@teamworktherapies.com.

Regular class times will resume on Monday, July 21.



TIPS FOR A SENSORY-FRIENDLY FOURTH OF JULY:

Prepare in Advance

Talk about what to expect, fireworks, crowds, smells, etc. Show videos or pictures of fireworks so the experience feels more familiar!

Create a Safe Space

Make a quiet "retreat" zone where your child can go if things feel overwhelming. Bring comfort items like headphones, weighted blankets, fidgets, or a favorite toy.

Use Noise Protection

Noise-canceling headphones or earplugs can help reduce the intensity of loud fireworks. Play calming music or white noise if your child prefers.

Celebrate in a Different Way

Watch fireworks from a car or a distance where the noise is less intense or do a daytime celebration with bubbles, glow sticks, red-white-and-blue crafts, or a backyard picnic!

Honor Routine

Stick as closely as possible to your child's usual meal and bedtime routines. Give choices so they feel more in control, like picking a favorite snack or choosing a quiet activity.

ILLNESS PREVENTION POLICY

In order to keep our clinicians, teachers and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

