

Teamwork Therapies

NEWSLETTER

September 2025

Issue No.48



September is a month of fresh starts!
It's a wonderful time to set new intentions
and celebrate the growth already achieved.

Clinic Updates:

🕒 **Schedule Reminders:** Please arrive 5 minutes early to sessions and update your therapist or front desk with any future plans

🌟 **Yoga Sessions:** Sign up for weekly 1:1 yoga on Friday's with our certified instructor Himani!

🌿 **Family Resources:** We've added new handouts in the waiting area with speech and occupational strategies to try at home, feel free to take a copy!

Reminders:

Enjoying your sessions? Let us know with a Yelp review!

LET'S
CELEBRATE
you

Simin Ghaffari-Anaraki 9/2
Lindsay Scherbarth 9/8
Anna Sanchez 9/11
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BUDDING LEARNERS CORNER



We've launched a new Budding Learners at our Stockton location (3133 W March Lane, Suite 1000)!

Our early intervention program offers a fun, supportive environment where children learn through a curriculum led by our certified early interventionists, speech + occupational therapists, and educators!

TIPS FROM THE TEAM! BUILDING BACK-TO-SCHOOL ROUTINES

Consistency is key when helping children adjust to new school routines!

Try creating a visual schedule at home that shows the morning and after-school steps (like brushing teeth, packing a backpack, homework, play, and bedtime).

Using pictures, symbols, or even simple checkboxes can help children feel more independent and reduce stress around transitions.

Pro tip: Practice the routine together on weekends or evenings so it becomes familiar before busy school mornings.

SPEECH TIP:

You can support your child's communication by talking through daily activities **out loud**—for example, naming items while packing a lunch or describing steps in the morning routine.

This builds language, sequencing skills, and confidence in using words during school-day transitions

ILLNESS PREVENTION POLICY

In order to keep our clinicians, teachers and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness. Please cancel your session within 24HR notice and schedule a make-up session!