



November 2025

Teamwork Therapies NEWSLETTER

Issue No.50



November

A Season of Thanks (and Progress!)

Progress can be gradual, so take a moment to feel grateful for all the growth and hard work your child has accomplished this season.

As we head into Thanksgiving break, please let our office know if you'll be out of town so we can plan make-up sessions as needed.



We're thrilled to welcome Jessica Alexander, a physical therapist with over 10 years of experience and board certification in pediatric physical therapy, one of only about 2,000 in the U.S.!

To schedule an evaluation, please contact the front desk.

Reminders:

Our clinics are closed on November 27th and 28th (Thursday and Friday)

*LET'S
- CELEBRATE -*

Briana Holland 11/3

Annica Asilo 11/8

Juan Obaldo 11/5

Jonni Warren 11/19

Natalie Hall 11/19

BUDDING LEARNERS CORNER

**Welcome our new teacher,
Miss Emily!**



This fall we've been exploring the changing colors of leaves, counting and sorting different fall items!

Our classroom will be celebrating the season with an exciting Apple and Fall theme! We'll be exploring the colors, textures, and tastes of apples through songs, stories, and hands-on learning experiences.

TIPS FROM THE TEAM!

APPLE WASHING STATION

Set up a bin with water, apples, brushes, and cut-up sponges to create a fun Apple Washing Station!

Speech Tips!

Label actions (wash, scrub, rinse), describe textures (wet, smooth, cold), and model simple phrases ("Let's wash the apples!").

For older children, expand with sequencing (First we dip, then we scrub, last we dry).

OT Tips!

Strengthen fine motor and bilateral coordination by scrubbing apples with brushes and sponges.

Kids build hand strength and enjoy a calming water play experience.



ILLNESS PREVENTION POLICY

In order to keep our clinicians, teachers and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness. Please cancel your session within 24HR notice and schedule a make-up session!