

# Teamwork Therapies NEWSLETTER

January 2025

Issue No.40



## HAPPY NEW YEAR *Teamwork Therapies*



**Say Goodbye to 2024 and Hello to 2025!**

New year, new goals, new hopes! Take a moment to reflect on how far you and your kiddo have come since the beginning of 2024. Thank you to our incredible families, therapists and teachers for all your hard work and dedication.

We hope you have a wonderful start to 2025. Look below for some winter-themed ideas to engage your child at home when it's too cold to go outside.

Crafts offer your children more than just a way to pass time; they enhance fine motor skills, visual motor skills, and the ability to follow directions.

### ***Reminders:***

**Our offices are closed on  
Wednesday New Years  
Day 1/1.**

**Remember to let our front  
office and your therapist  
know of any upcoming  
vacations!**



**This month we  
celebrate 1 very special  
birthday:**

**Happy Birthday to  
Pearl!**

**Our incredible  
manager at  
Pleasanton office.**

**Pearl Tang 1/30**



# BUDDING LEARNERS CORNER



**Happy New Year from Budding Learners to all our Teamwork Therapy Families!**

This month at our Early Intervention Community Program, we will be learning about Winter, Winter Animals and Lunar New Year.

Also, shoutout to our little stars who all dressed up for RED day in December. ←

## OT ACTIVITY: SNOWFLAKES

Materials: Paper, Scissors

Target your child's visual motor skills by folding a blank paper into a small triangle.

Then cut shapes and pieces out of the sides, but don't cut off all of the sides.

Lastly, open your triangle up to a unique snowflake! Make multiple then string them together for a homemade snowflake wreath.



## ST ACTIVITY: SNOWMEN

Materials: PlayDough

To make a snowman out of playdough, show your child how to roll different sized balls and stack them up!

Target body parts by making eyes, nose, a mouth and arms for your mini-snowman.

Sing the favorite, "Head, Shoulders, Knees and Toes" song while pointing to your snowman.

Keep the lid on and have your child request using signs (open/more).



## ILLNESS PREVENTION POLICY

In order to keep our clinicians, teachers and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment. Stockton office: (209) 451-1262)

## Budding Learners Parent Reminders:

- Please be mindful when packing your child's snacks as we are a nut free facility. Please do not pack any peanut or nut butters or any snacks containing nuts.
- Be sure to label all of your child's belongings including backpack, water bottles, etc.