

# Teamwork Therapies NEWSLETTER

October 2024

Issue No.37



## HELLO OCTOBER!

The holidays are right around the corner, please be sure to let your therapist or our front office know of any upcoming holiday plans! We are so excited to celebrate Halloween with the kiddos! This year we are bringing back Halloweek!

## Teamwork Therapies HALLOWEEK!

OCTOBER 28TH-NOVEMBER 1ST



WE'RE CELEBRATING ALL WEEK!  
WEAR A COSTUME AND COME READY TO  
TRICK OR TREAT DURING YOUR SESSION!

*Stay up to date throughout the month and follow our blog and on our social media accounts!*

Follow us at:

TeamworkTherapies.com

& @TeamworkTherapies



## This Month

This month we celebrate 6 birthdays! Happy Birthday to our very own Joyce D. (10/7), Sandhya P. (10/10), Izabela L. (10/14), Jagruti P. (10/16), Kaitlynn W. (10/20), and David A. (10/26).



**Reminders:**  
Please let your therapist know of any upcoming vacations

# BUDDING LEARNERS CORNER



The book of the month is: *The Spooky Wheels on the Bus* by Elizabeth Mills

## Budding Learners Parent Reminders:

- Please be mindful when packing your child's snacks as we are a nut free facility. Please do not pack any peanut or nut butters or any snacks containing nuts.
- Be sure to label all of your child's belongings including backpack, water bottles, etc.

## OT ACTIVITY: SILLY GHOSTS

Materials: White paper, scissors and markers

Draw out a ghost shape on each paper and have your kiddo cut out the ghost. This ghost craft is an easy way to work on bilateral coordination, hand strength and scissor skills!

Once you have your ghost cut-out, practice drawing/coloring circles for eyes and different lines for mouths. Make a silly ghost, a sad ghost and a happy ghost to introduce emotions!



## ST ACTIVITY: GHOST HUNT

After you've cut out your ghosts, simply hide them around the room and go on a "ghost hunt!" Practice using location words such as, on/in, under and on top. This is a great way to practice following 1-step directions in play.

You can also target those early play sounds by pretending to be a ghost with your kiddo. Try sounds like "ooohhh" "aahhh" "boo!" "uhoh!"



## ILLNESS PREVENTION POLICY

In order to keep our clinicians, staff and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment.

## GLO YOGA COLLABORATION

Collect a "Free Class" card from the front desk at our Pleasanton clinic, and try a class on us. Following your first session, sign-up for GLO's Special Unlimited Membership price only offered to the families and therapists at Teamwork Therapies.

You can't pour from an empty cup, fill yours up at GLO. Take care of yourself first so you can take care of those around you with full capacity!